

Website: www.tomsa.in Phone no. - +91 9667600637 E-mail: - tomsaindia@gmail.com Address: 12-A, First Floor, Triloki Colony Bapu Park, Kotlamubarkpur, New Delhi - 110003

Manish Kumar

Name of the Athlete: - Manish Kumar

Gander: - Male

Date of Birth: - 13th March 2002.

Birth Place: - Delhi, Delhi, India

Team/State: - Delhi

Education: - 11th

Sports: - Para Athletics (Sports Class T12)

Events: - 1. 400m, 2. 800m, 3. 1500m

Best Performance: - 1. 400m: - 56.97min.

2.800m: - 2:13.83min.

3. 1500m: - 4:37.37min.

Sports Achievements: -

Awards: - No

Performance at International Level: -

1. Won 1 Silver Medal in World Para Athletics Junior Championships-2019, Nottwil, Switzerland, 1st to 5th August-2019

Performance at National Level: -

- **1.** Won 3 Gold Medals in 21st IBSA National Athletics Championships-2018, 10th to 13th December-2018, New Delhi.
- **2.** Won 3 Silver & 1 Bronze Medal in 18th Senior National Para Athletics Championships-2018, 25th to 29th March 2018, Panchkula, Haryana.
- **3.** Won 2 Gold & 1 Silver in 20th IBSA National Sports Meet for the Blind-2016, 12th to 15th December-2016, New Delhi.



