



Sandeep Singh Maan

Name of the Athlete: - Sandeep Singh Maan

Gander: - Male

Date of Birth: - 16th July 1993.

Birth Place: - Hanumangarh, Rajasthan, India.

Team/State: - Rajasthan.

Education: - B. A.

Sports: - Para Athletics (Sports Class T46)

Events: - 1. 100m, 2. 200m, 3. 400m, 4. 800m, 5. Long Jump

Best Performance: - 1. 100m: - 11.31sec.

2. 200m: - 22.59sec.

3. 400m: - 49.28sec.

4. 800m: - 2:12.23sec.

5. Long Jump: - 6.82m



Achievements: -

- Awards:** -
1. Arjuna Award in 2016
 2. Maharana Partap Award in 2012 (Rajasthan State Best Sports Men Award)
 3. Aravali Award in 2019.
 4. Won medals continuously in last three Asian Para Games-2010, 2014 & 2018.

International: -

1. Participated in in World Para Athletics Paris Grand Prix-2019, (Handisport Open Paris 2019). Paris, France, 26th to 30th August-2019
2. Won 1 Bronze Medal in Asian Para Games-2018, Jakarta, Indonesia, 6th to 12th October-2018.
3. Won 3 Gold Medals in Sharjah 8th International Open Para Athletics Meeting, 18th to 20th March 2018, Sharjah, UAE.
4. Won 3 Gold Medals in World Para-Athletics Grand Prix-2018, (10th Faza Para-Athletics Championship- Dubai 2018), 13th to 16th March 2018, Dubai, UAE.



5. Won 2 Gold Medals in World Para-Athletics Grand Prix-2017, (Handicap sport Open Paris-2017), 30th & 31st May 2017, Paris, France.
6. Won 2 Silver Medals in Asian-Oceania Para Athletics Championship-2016, 7th to 12th March-2016, Dubai, UAE.
7. Won 2 Silver Medals in Asian Para Games-2014, 18th to 24th October-2014, Incheon, South Korea.
8. Won 1 Gold & 2 Silver Medals in 4th Sharjah International Open Athletics Meeting-2014 (IPC Event), 20th to 25th February 2014, Sharjah, UAE.
9. Won 2 Gold Medals & 1 Bronze Medals in IPC Athletics Grand Prix-2014, (6th Fazaa International Athletics Competition 2014), 20th to 26th February-2014, Dubai, UAE.
10. Won 2 Silver Medals in 35th International German Championships Athletics for Disabled-2013, 14th to 16th June-2013, Berlin, Germany.
11. Won 2 Silver Medals in 2nd Kuwait International Athletics Championships-2012, 15th to 21st January-2012, Kuwait City, Kuwait.
12. Won 2 Gold Medals in IWAS World Games-2011, 2nd to 7th December-2011, Sharjah, UAE.
13. Got 7th Place in IPC Athletics World Championships-2011, 21st to 30th January-2011, Christchurch New Zealand.
14. Won 1 Silver Medals in Asian Para Games-2010, 12th to 19th December-2010, Guangzhou, China.
15. Participated in XIX Commonwealth Games-2010, 3rd to 14th October-2010, Delhi, India.
16. Won 1 Gold & 2 Silver Medals in C P Sports Nationals-2010, 18th & 19th September 2010, Nottingham, UK.
17. Won 1 Gold Medals in IWAS World Games-2009, Bangalore, India.

National: -

1. Won 3 Gold Medals in Indian Open Para Athletics Championships-2018, 10th to 12th July-2018, Bangalore, Karnataka.
2. Won 2 Gold & 1 Silver Medals in 18th National Para Athletics Championship-2018, 25th to 29th March-2018, Panchkula, Chandigarh.
3. Won 2 Silver Medals in 17th National Para Athletics Championships-2017, 31st March to 4th April - 2017, Jaipur, Rajasthan
4. Won 3 Gold Medals in 16th Senior National Para Athletics Championships-2016, 26th to 30th March - 2016, Panchkula, Haryana
5. Won 3 Gold Medals in 15th Senior National Para Athletics Championships-2015, 19th to 22nd March - 2015, Ghaziabad, Uttar Pradesh.
6. Won 3 Gold Medals in 14th Senior National Para Athletics Championships-2013, 12th to 14th March - 2013, Bangalore, Karnataka.



7. Won 1 Gold & 2 Silver Medals in 12th Senior National Para Athletics Championships-2010, 9th to 12th September - 2010, Panchkula, Haryana.
8. Won 3 Gold Medals in National Para Athletics Championships-2009, 21st to 24th February-2009, Jaipur, Rajasthan.
9. Won 1 Gold & 2 Silver Medals in National Para Athletics Championships-2008, 21st to 24th February-2008, Faridabad, Haryana.
10. Won 1 Gold & 2 Bronze Medals in National Para Athletics Championships-2007, 23rd to 26th February-2007, Bangalore, Karnataka.

