



Avnil Kumar

Name of the Athlete: - Avnil Kumar

Gander: - Male

Date of Birth: - 26th June 1993.

Birth Place: - Muzaffarpur, Bihar, India

Team/State: - Delhi

Education: - B. A. Ramjas College College, Delhi University

Sports: - Para Athletics (Sports Class T13)

Events: - 1. 100m, 2. 200m, 3. 400m, 4. Long Jump

Best Performance: -

1. 100m: - 11.61sec.
2. 200m: - 23.85sec.
3. 400m: - 52.00sec.
4. Long Jump: - 5.85mts.

Sports Achievements: -

Awards: -

50 Lacs Cash Award by Delhi Government against Asian Para Games-2018, Bronze medal in 400m.

Performance at International Level: -

1. Participated in World Para Athletics Paris Grand Prix-2019, (Handisport Open Paris 2019). Paris, France, 26th to 30th August-2019.
2. Won Bronze Medal in Asian Para Games-2018, Jakarta, Indonesia, 6th to 12th October-2018.
3. Won 1 Gold 2 Silver Medals in Sharjah 8th International Open Para Athletics Meeting 18th to 20th March 2018, Sharjah, UAE.
4. Won 1 Gold Medal in World Para-Athletics Grand Prix-2018, (10th Fazaa Para-Athletics Championship- Dubai 2018) 13th to 16th March 2018, Dubai, UAE.
5. Won 1 Gold & 1 Bronze Medal in IPC 2016 Athletics Asian-Oceania Championships -2016, 6th to 12th March 2016, Dubai, UAE.
6. Participated in IBSA World Games - 2015, 10th to 17th May 2015, Seoul, South Korea.
7. Won 1 Gold & 1 Silver Medal in 1st Malaysia Open Para Athletics Championships, Kuala Lumpur, Malaysia-2012, Held on 22nd to 29th April-2012





8. Won 1 Silver & 3 Bronze Medals in IBSA World Youth Championship-2011, U. S. A. Colorado Spring.
9. Participated in 4th IBSA World Championships and Games-2011, 1st to 10th April – 2011.

Performance at National Level: -

1. Won 2 Gold Medals in Indian Open National Para-Athletics Championships-2019, 23rd & 24th September – 2019, SAI, Netaji Subhas Southern Centre, Bengaluru.
2. Won 1 Gold Medals in 21st IBSA National Athletics Championships-2018, 10th to 13th December-2018, New Delhi.
3. Won 3 Gold Medals in Indian Open Para-Athletics Championships-2018, 10th to 12th July – 2018, Bangalore, Karnataka.
4. Won 4 Gold Medals in 18th Senior National Para Athletics Championships-2018, 25th to 29th March - 2018, Panchkula, Haryana.
5. Won 1 Gold & 1 Silver Medal in 17th National Para Athletics Championships-2017, 31st March to 4th April - 2017, Jaipur, Rajasthan.
6. Won 2 Gold & 2 Silver Medals in 20th IBSA National Sports Meet for the Blind-2016, 12th to 15th December-2016, New Delhi.
7. Won 2 Gold, 1 Silver & 1 Bronze Medals in 16th Senior National Para Athletics Championships-2016, 26th to 30th March - 2016, Panchkula, Haryana.
8. Won 2 Gold Medals in 15th Senior National Para Athletics Championships-2015, 19th to 22nd March - 2015, Ghaziabad, Uttar Pradesh.
9. Won 2 Gold, 2 Silver & 1 Bronze Medals in 19th IBSA National Sports Meet for the Blind-2014, 13th to 16th December-2014, New Delhi.
10. Won 2 Gold, & 2 Silver Medals in 14th Senior National Para Athletics Championships-2013, 12th to 14th March - 2013, Bangalore, Karnataka
11. Won 3 Gold Medals in 18th IBSA National Sports Meet for the Blind-2012, 11th to 14th December-2012, New Delhi.
12. Won 3 Gold Medals in 12th Senior National Para Athletics Championships-2011, Bangalore, Karnataka.
13. Won 1 Gold & 1 Silver Medals in 17th IBSA National Sports Meet for the Blind-2010, Punjab.

